

*JOE'S CAMINO PACKING LIST FOR AN AUGUST WALK: (WITH THE BACKPACK, ABOUT 13 POUNDS)*

PAPERWORK: Passport // pilgrim credentials passport // 2 or 3 Credit/Debit Cards // hardcopies of transportation tickets & hotel reservations // Brierley Camino book // small writing pad // pen // Sharpie (for writing graffiti!)

Merino Hoodie

Shorts

Convertible pants

Rain Jacket

Merino T-shirts, 2 (*Nylon tech shirts are fine if you don't want to splurge on expensive Merino*)

2 nylon underpants (*Ex Officio are great and relatively inexpensive*)

2 socks, merino wool (*In summer, go with lightweight hiking socks.*)

Travel Towel & Washcloth

Hiking hat (*I slather on a ton of sun screen so that I usually don't wear my hat: this keeps me cool.*)

Glasses, extra

Sunglasses

Glasses cleaner cloth

Monocular or pocket binoculars (*for checking out wild life and architecture/art that's high up*)

Sleeping Bag Liner (*You do not need a sleeping bag!; you can get blankets from the Albergue if need be*)

Sandals

Hiking Shoes (*this is not wilderness hiking, so go with a lighter-weight, running-shoe-type hiking shoe*)

Collapsible Water Bottle

Safety pins, carabiner clips, twist ties, etc.

Pen

Clothes-Line Kit with clothes-line pins

Camping Toilet Paper

Small Coin Purse

Red-lensed Flashlight (*white flashlights wake people up, so be considerate and go with a red-lens light*)

Phone

Travel extension Cord; Phone charger cord; Kindle charger cord; Ipod charger cord

European socket adapter, 2

Kindle

Ipod

Earphones

Nylon pressure bags (*for stowing most gear—plastic is crinkly and wakes people up, so use nylon*)

Ziploc bags, 3

TOILETRIES

Vaseline (for your feet)

Shampoo/soap combo

Comb

Hair Gel

Toothbrush & Toothpaste

Sun Block

Anti-Perspirant

Razor, 2 (one per week)

Hand Sanitizer

Nail Clipper

Ibuprofen

Melatonin & Sleeping Pills

saccharin/artificial sweetener pills (*if you are like me and don't like to imbibe massive amounts of sugar.*)

On your Kindle/Smartphone: Upload Gitlitz, David M. and Linda Kay Davidson. *The Pilgrimage Road to Santiago*. New York: St. Martin's Griffin, 2000. → This is the best English-language guide for explanations of sites, architecture, art, history, etc. It is too bulky to carry in hardcopy. The standard guides like Brierley are terrible for such items.

Consider a short haircut and, if you're a man, shaving off your facial hair: this will keep you clean and, cool.